



# Injury Center of Houston

® An Affiliate of ICH Healthcare, P.A.

## Case History & Patient Information

Name: \_\_\_\_\_ Driver Lic #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_

S/S #: \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M / F Status:  M  S  W  D

**Your Email:** \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ Type of Business: \_\_\_\_\_

Employer's Address: \_\_\_\_\_ Phone: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip : \_\_\_\_\_

Years Employed: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Supervisor: \_\_\_\_\_

**What is your major compliant?:** \_\_\_\_\_

**How were you referred to our office?** \_\_\_\_\_

How long have you had this condition?: \_\_\_\_\_ Is this condition getting worse?:  Yes  No  Constant  Comes and goes

Have you had this or similar conditions in the past?:  Yes  No If Yes, when and describe: \_\_\_\_\_

What activities aggravate your condition?: \_\_\_\_\_

List surgical operations: \_\_\_\_\_

Are you taking any medications?  Yes  No What kind?: \_\_\_\_\_

Any non-prescription drugs?  Yes  No What kind?: \_\_\_\_\_

OTHER DOCTORS SEEN FOR THIS CONDITION  MD  DC  DO  DDS

Doctor's(Clinic) Name: \_\_\_\_\_ Ph# \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Did you go to the hospital? ( ) Yes ( ) No If yes, where: \_\_\_\_\_

### INSURANCE INFORMATION:

Please check any and all insurance coverage that may be applicable in this case:

Major Medical  Worker's Compensation  Medicaid  Medicare  Auto Accident:  Other: \_\_\_\_\_

Name if Insurance Company: \_\_\_\_\_ Claim #: \_\_\_\_\_ Group #: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_ Agent: \_\_\_\_\_

Secondary Insurance Company(if any): \_\_\_\_\_ Claim #: \_\_\_\_\_ Group #: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_\_ Agent: \_\_\_\_\_

**Are your injuries related to an accident?**  Yes  No **Is the accident work related?**  Yes  No **Were you involved in an Auto accident?**  Yes  No

**Date of Accident:** \_\_\_\_\_ **Are you off work?**  Yes  No **If so, how long? :** \_\_\_\_\_

In your own words, please describe accident: \_\_\_\_\_

Do you have an attorney?:  Yes  No Name : \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**If your injuries are from an Auto accident please complete below:**

Your Auto Ins. Co.: \_\_\_\_\_ Policy#: \_\_\_\_\_ Claim# \_\_\_\_\_

Agent's Name: \_\_\_\_\_ Phone# \_\_\_\_\_

Third Party's Auto Ins: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Phone# : \_\_\_\_\_ Claim #: \_\_\_\_\_

I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature Authorizing Care: \_\_\_\_\_ Date: \_\_\_\_\_





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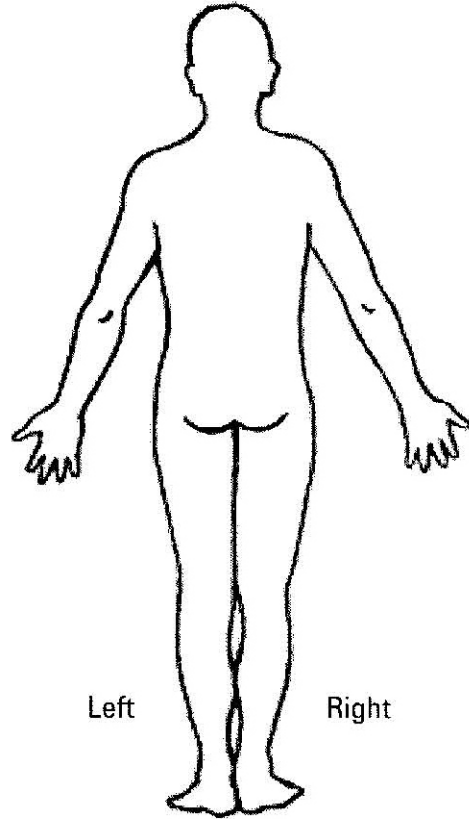
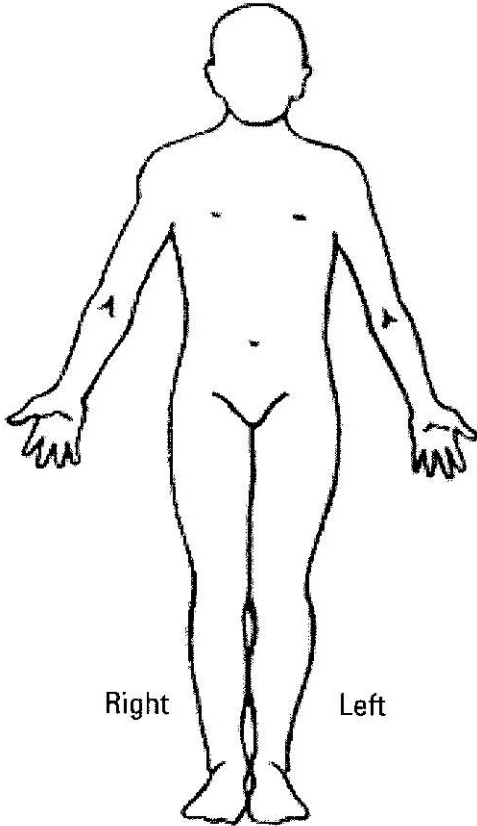
## Patient Symptoms

Use the pictures below to indicate your problem areas. Use the appropriate symbol to indicate numbness, pins and needles, burning, stiffness, aching or stabbing pain.

Numbness: □  
Stabbing Pain: ^

Pins & Needles: --  
Burning: #

Aching Pain: +  
Stiffness: \*\*



Please rate your discomfort on a scale of 1-10  
(1=mild pain, 10 = the worst pain you've ever felt)

Location

Pain Rating

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



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## **TO: PATIENTS OF INJURY CENTER OF HOUSTON**

The Injury Center of Houston specializes in the treatment of the spine and musculoskeletal system. We perform various treatments consisting of passive modalities, therapeutic interventions and spinal manipulation. The goal of our services is to reduce and/or eliminate your pain, however, as with any chiropractic and/or physical medicine services there are risks associated with the services we provide.

As your healthcare provider, we feel that it is crucial that you understand these risks. By informing you of these risks we are striving to more actively involve you in our case as well as further assist you in making well-informed decisions regarding your treatment options.

### **PASSIVE MODALITIES**

Passive modalities consist of the following treatments: hot packs, cold packs, ultrasound, electrical stimulation, massage, traction, paraffin, whirlpool and iontophoresis.

The primary risk associated with the passive modalities is skin irritation due to exposure to heat, cold or agents used in the application of modalities, i.e. lotions, pads, paraffin and/or iontophoresis (lidocaine/hydrocortisone). If you have experienced skin sensitivity to heat, cold temperatures and/or lotions or similar products in the past or are aware of any skin allergies, please inform our staff prior to treatment so proper precautions can be made prior to initiating treatment.

### **THERAPEUTIC INTERVENTIONS**

Therapeutic interventions consist of the following types of treatments: stretching, flexibility exercises, strengthening exercises, joint mobilizations and myofascial release.

Therapeutic interventions are generally quite safe though there are risks associated with each of these procedures. The primary risk is potential aggravation of your current condition and/or underlying condition. As with any physical activity and/or exercise there is also the risk of injury. Though this risk is minimal as you are under the direct supervision of experienced clinical staff, it may still exist.

Some responses to therapeutic interventions are muscle soreness, muscle fatigue, increased discomfort, overall tiredness and/or joint stiffness and/or pain. It is important that you inform your treating staff member of any of these responses following your treatment and more importantly it is crucial that you continue to attend your appointments as scheduled so your condition can be documented and your symptoms effectively managed.

### **SPINAL MANIPULATION**

Spinal manipulation consists of adjustments that seek to restore normal function to the spine and other joints. Typically, this involves applying a specific, highly controlled treatment directly to a joint or muscle. This treatment often reduces or eliminates both local and referred pain, allows muscle spasms to relax, and may even release the irritation from the nervous system, which may result in other health benefits.

As with any healthcare service there are potential reactions and risks, however as with any healthcare intervention, it is hoped that the expected benefits of spinal manipulation exceed the expected risks. These are unavoidable risks of spinal manipulation which, though rare, can occur.

### **DISK HERNIATION**

The occurrence of disk herniation during spinal manipulation is highly unlikely. In fact, average disks withstand an average of 23 degrees of rotation and degenerated disks an average of 14 degrees of rotation before failure occurs. Furthermore, given the fact that during manipulation posterior facet joints limit rotation to a maximum of 2-3 degrees, this joint would have to fracture to allow any further rotation to occur.

### **CAUDA EQUINA SYNDROME**

It is estimated that the rate of occurrence of the cauda equine syndrome as a complication of lumbar spinal manipulation is about one case per 100 million manipulations. It is probably higher in patients with a herniated nucleus pulposus, and lower in patients without this anatomic abnormality.

### **VERTEBROBASILAR ARTERY COMPROMISE**

Serious complication of cervical spine manipulation are also rare (none having been reported in any of the clinical trials), but appear to be more common and severe than complication of lumbar manipulation. The most serious complication of the cervical spine manipulation is related to compromise of the vertebrobasilar artery, leading to stroke or death. The risk is higher for manipulation involving rotation plus extension of the cervical spine than for other types of manipulation, and those persons who have suffered manipulation-related vertebrobasilar artery compromise due to atherosclerotic disease. The best estimate of the incidence of vertebrobasilar artery compromise related to cervical spine manipulation is that it occurs one in 1 million manipulations (Hurwitz, 1996; McGregor, 1995).

## **PATIENT UNDERSTANDING AND ACCEPTANCE OF RISKS ASSOCIATED WITH TREATMENT**

As your doctor it is our responsibility to inform you of the potential risks and benefits of your treatment, but we also want to assure you that we strive to minimize these risks by providing thorough clinical examinations and by performing diagnostics as clinically indicated. Furthermore, we continually review medical literature pertaining to current trends within our profession as well as throughout the entire medical community to ensure the safest and most effective care.

I have reviewed the information provided regarding the benefits and risks of treatment provided at the Injury Center of Houston. I have been given the opportunity to discuss my questions and/or concerns and by signing below I acknowledge that I understand and accept the risks associated with my treatment.

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Guardian's Signature \_\_\_\_\_

Date \_\_\_\_\_

**HEALTH CARE PROVIDER LIEN/CONTRACTURAL LIEN / ASSIGNMENT OF BENEFIT  
INTENDED 3RD PARTY VESTED INTEREST – TEXAS CASE LAW**

I, \_\_\_\_\_ (hereinafter referred to as “patient”) and/or responsible party, in addition to continuing personal responsibility in consideration of treatment rendered or to be rendered by Injury Center of Houston agrees as follows:

1. **Release of Information:** Injury Center of Houston shall have the authority to release information concerning the Patient’s condition and treatment to any of his/her insurance companies, attorneys, or insurance adjusters, for purpose of processing any relevant claims for benefits and payment of services rendered to the patient. Information, if any, only be released upon proper written request to do by said Insurance Company, Attorney, or Adjuster. Any other release of information regarding the patient’s treatment shall be accomplished by execution of separate release agreement.

2. **Irrevocable Assignment of Rights:** Injury Center of Houston is hereby assigned the exclusive, irrevocable interest in any cause of action that exist in the patient’s favor against any insured, agent of any insured or insurance company benefits to the extent of Injury Center of Houston charges for services rendered to the patient, if such benefits are owed within the terms of the policy, including the exclusive irrevocable rights to receive payment for such services, make demand in his/her name for payment and prosecute, or retain an attorney to prosecute and receive penalties, interest, court cost or legally compensable amounts owed by an insured, agent for the insured or insurance company, in accordance with Article 3.62 of the Texas Insurance Code or the applicable insurance or state statute. The patient and or responsible party, further agrees to cooperate and provide information as needed and appears as needed, whenever to assist the prosecution of such claims for benefits upon request.

3a. **Authorization and Directives:** the patient and/or responsible person hereby authorizes and directs any or all insurance companies, known or unknown, providing monies or benefits of any kind to said patient to pay directly to Injury Center of Houston such sums as may be due and owing him/her for medical services rendered to the patient, within thirty (30) days following the insurance company’s receipt of bill for service, along with a copy of this agreement, to the extent said bills are payable under the terms of the relevant policy. This demand specially conforms to Article 3.62-1 of the Texas Insurance Code, providing for Attorney fees, twelve percent (12%) penalty, court cost, and interest from judgment on violation.

3b. **Lien Interest:** Any and all relevant insurance companies whether known or unknown, at the time of execution of this agreement, shall be authorized to withhold said sums from any settlement, judgment or verdict paid as may be necessary to adequately protect Injury Center of Houston from loss. In addition to the agreements contained herein, I hereby authorize, give or grant lien interest in favor of Injury Center of Houston against any and all proceeds for said settlement, judgment or verdict. I also agree, authorize, allow Injury Center of Houston to file a HEALTH CARE PROVIDER LIEN, AND/OR COMMON LAW CONTRACTURAL LIEN, with the proper county clerk office for any unpaid balances that results from charges owed to Injury Center of Houston for professional services provided to me as a result of this injury or illness.

3c. **Intended 3rd Party Beneficiary Vested Interest:** Let it be known, under the term of this agreement, the patient has named and agreed to name Injury Center of Houston as the intended third party beneficiary with vested interest with shall have full effect and enforcement under Texas Case Law, on any and all interest owed to the patient for medical services rendered. In the event any or all insurance companies, whether known or unknown, fail or refuse to make such payment to Injury Center of Houston as hereinabove directed, the patient is hereby assigned and transferred any and all cause of action that may exist in the patient’s favor, authorizing Injury Center of Houston to prosecute such action either in the patient’s name and/or clinic’s name as joinder, or as otherwise legally required, and further grant authorization to compromise, settle or otherwise resolve said claim at Injury Center of Houston discretion. It is acknowledgement that whatever sums are left outstanding from payment of insurance proceeds is the personal obligation of the patient or responsible party, but the power to collect such sums for the patient or responsible person is effective only after Injury Center of Houston has made all reasonable efforts to collect the sum due from relevant insurance company (ies). Moreover, patient and/or responsible party, agree that if there is an unpaid balance owed to Injury Center of Houston and insurance benefits are received directly by patient or responsible party, he/she will immediately pay the account in full. Upon failure to pay insurance benefits to Injury Center of Houston, patient agrees to pay attorney fee and court cost incurred should legal action is required against patient by Injury Center of Houston to collect any and all balance owed.

4. **Limited Power of Attorney for Insurance Benefits:** The patient and/or responsible person hereby grants to Injury Center of Houston the authority to endorse the name of the patient upon any check, draft, or other negotiable instrument representing payment from any insurance company for treatment and health care rendered by Injury Center of Houston. Patient agrees that nay insurance payment representing an amount of excess of the charges for treatment rendered will be credited to patient’s account or forwarded to the patient’s address upon written request to Injury Center of Houston.

5. **Review of Assignment of Benefits Agreement Consideration:** In making this irrevocable assignment of interest/provider health care lien authorization, I acknowledge that I have read and understand the foregoing, that I received good and valuable consideration for making this agreement, and that I am under no duress, but make irrevocable assignment of interest/provider health care lien authorization voluntarily by my own free will.

In consideration to patient’s agreement, Injury Center of Houston is willing to wait for payment directly from insurance company, if the insurance company agrees to pay Injury Center of Houston. In any event, patient and/or responsible person understands that he or she is personally responsible for any and all bills at this office.

**A PHOTOCOPY OF THIS INSTRUMENT SHALL SERVE AS ORIGINAL**

\_\_\_\_\_  
Patient Name – (Print)

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Witness / Notary Name (Print)

\_\_\_\_\_  
Witness/Notary Signature

\_\_\_\_\_  
Date Signed





# Injury Center of Houston

*An Affiliate of ICH Healthcare, P.A.*  
11100 Southwest Freeway  
Houston, Texas 77031  
Office 713-771-2225 Fax 713-771-1876

## Acknowledgement of Review and Receipt of Notice of Privacy Practices

Our Notice of Privacy Practices provides information about how we may use and disclose protected health information about you. The notice contains a Patient Rights section describing your rights under the law. You have the right to review our notice before signing this consent.

By signing this form, you consent to the use and disclosure of protected health information about you for treatment, payment and other healthcare operations. Injury Center of Houston provides this form to comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

I authorize that Injury Center of Houston may contact me in the following manner (check all that apply):

Home Telephone:

- OK to leave detailed message on answering machine or voicemail
- OK to leave message on machine or voicemail with call-back number only
- OK to leave message with family member or person answering call
- Do not leave message

Work Telephone:

- OK to leave detailed message on answering machine or voicemail
- OK to leave message on machine or voicemail with call-back number only || OK to leave message with family member or person answering call
- Do not leave message

Cellular Telephone:

- OK to leave detailed message on voicemail
- OK to leave message with call-back number only
- Do not leave message

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Patient Signature or Patient Representative

Date

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Printed Name of Patient or Patient Representative

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Description / Relation of Patient Representative Authority





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Houston, Texas 77031

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## URINE DRUG SCREENING

As part of your treatment plan, you may be prescribed a narcotic to control your pain. You may also be prescribed other controlled substances such as muscle relaxers, sleeping aids, or anxiolytics. As discussed in your medication agreement, these types of medications have potential serious side effects, and also have potential for misuse, abuse, and diversion.

In order to protect your right, as a patient with chronic pain, to obtain these medications for legitimate medical use, our practice uses a Urine Drug Screening (UDS) process. This Urinalysis will screen for the medication you are taking, and will also screen for illegal substances and non-prescribed controlled substances. All results will remain a part of your medical record with our office and will be used to guide your treatment.

All patients who are prescribed these medications will be asked to undergo random Urine Drug Screens as part of the process, without exception, and without regard to age, race, sex, past medical history, or current diagnosis. The frequency of this screening will vary depending on your personalized treatment plan and risk factors.

The bill for this screening will be submitted to your insurance company and will follow all customary billing policies. Injury Center of Houston (ICH) may have an ownership interest in the laboratory utilized. If you do not wish to use a lab assigned by ICH, and you have a designated lab you desire to perform the UDS, our staff will be happy to accommodate your request. We do not want this process to appear punitive or negative, and appreciate your participation in protecting your right as a chronic pain patient, and our rights as a medical practice.

Thank you,

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_



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## Medication Policy Physician - Patient Contract

***Please be advised our policy has changed and will be enforced. Please initial by each policy.***

- Patients are required to see their physician in order to receive a prescription for controlled medications (narcotics, sedatives, anti-anxiety medications, Hydrocodone and Tramadol,) **NO REFILLS WILL BE AUTHORIZED BY FAX OR PHONE.** Prescriptions will not be available for pick-up without seeing the physician. \_\_\_\_\_
- The patient is responsible for scheduling appointments in a timely manner to avoid running out of medication. Please note that the patient risks possible symptoms of withdrawal if he/ she fail to schedule the follow up appointment. Please call at least one week in advance to schedule your follow-up appointment. \_\_\_\_\_
- Long term use of controlled medications can cause physiological and/or psychological dependence. Therefore, compliance with medication usage is monitored and if any abuse is determined, the patient will be expeditiously weaned off the medication and referred to a substance abuse program. \_\_\_\_\_
- Patients receiving controlled medications (narcotics, muscle relaxants, sedatives or anti-anxiety medications) are responsible for the care of these medications. Any lost, stolen or mishandled medications will be refilled on a case by case basis. The patient must provide our office with a detailed-police report if any medication is stolen. If a medication is lost, a notarized letter from the patient stating the details of the loss must be provided to the office. Once the police report or notarized letter is returned in to our office, only then will the doctor review it and determine if the refill is appropriate. \_\_\_\_\_
- Patients prescribed controlled medications may be asked to perform a random urine drug screen test. Refusal to cooperate with this testing will result in a non-refill of medications. *Any positive results for illicit drugs or controlled medications not prescribed by this office may result in discontinuation of controlled medications by this office. Patient is responsible for declaring all controlled medications that they are taking to their physician.* \_\_\_\_\_
- If a patient is receiving controlled medications from our office, it is our policy that the patient may not receive controlled medications from another physician unless prior arrangements are made, and documented with our physician. Deviation of this policy may result in the termination of treatment by this office. This is for the patient's safety and well-being. \_\_\_\_\_
- Take medications only as prescribed. If the prescribed medication is not effective in controlling your symptoms, call your physician first before taking more than prescribed. Never take more medications than prescribed unless your physician instructs you to do so, doing so is a violation of this contract. No early refills will be given if the medication dose is altered without prior authorization from our physician. \_\_\_\_\_
- **All controlled medication will be filled for a 28-day supply.** \_\_\_\_\_
- Provisions will be made in the event that your refill date falls on a holiday. \_\_\_\_\_

**By signing, I am stating I have read and fully understand this physician-patient contract:**

X \_\_\_\_\_ X \_\_\_\_\_  
Print Name Patient's Signature

Date: \_\_\_\_\_

Policyholder:  
Claim Unit Number:  
Policy Number:  
Injured Party:  
Claim Handler:

### ASSIGNMENT OF BENEFITS

This form will allow us to pay any covered medical expenses directly to your physician or other health care provider. Many people consider this more convenient and may assure the provider is paid more promptly. Otherwise, our payments will be sent to you and you would be responsible for making payments to the providers.

To authorize us to make payments directly to your medical providers, please sign and return this form along with your Application for Benefits and Medical Authorization.

PLEASE SIGN & RETURN IF YOU WOULD PREFER YOUR MEDICAL PROVIDERS TO BE PAID DIRECTLY:	
SIGNATURE: _____	DATE: _____

**\*\*NOTE\*\* IF YOU MADE AN ASSIGNMENT OF BENEFITS TO THE MEDICAL PROVIDER, WE ARE OBLIGATED BY THE POLICY PROVISIONS TO MAKE PAYMENTS TO THE PROVIDER.**